

Broomfield Meals on Wheels

April 2026

www.broomfieldseniors.com

Please call 303-464-5532 at least 24 hours in advance to add or cancel a meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Healthy Hearts Italian Cod over Rice Pilaf Salad Dessert	2 Salisbury Steak w/Mushrooms Salad Dessert	3 Spring Celebration Lunch Glazed Ham Rosemary Potatoes Green Bean Casserole Spring Salad Carrot Cake
6 BBQ Chicken Sandwich Salad Dessert	7 Korean Bowl (Ground Pork, Rice) Salad Dessert	8 Vegetarian Power Veggie Salad w/Greens, Quinoa, Roasted Butternut Squash, Cranberries, Feta & Blueberries Dessert	9 Tuna Noodle Casserole Salad Dessert	10 Beef Wellington Salad Birthday Cake
13 Broccoli & Cheese Chicken Salad Dessert	14 Beef Lasagna w/Garlic Bread Salad Dessert	15 Healthy Hearts Mustard-Maple Salmon over Wild Rice Salad Dessert	16 Old Fashioned Meatloaf Salad Dessert	17 Bridge Tournament Turkey, Provolone & Pesto Sandwich w/Kettle Chips Lemon-Basil Quinoa Greek Tomato Salad Cherry Lattice Pie
20 Stuffed Pepper Salad Dessert	21 Chicken Enchilada Casserole Salad Dessert	22 Big BLTC Salad (Bacon, Lettuce, Tomato, Cheese w/Ranch Dressing) Dessert	23 Polynesian Chicken Salad Dessert	24 Vegetarian Mujadara (Lentils & Rice) Salad Dessert
27 Rio Grande Pork w/Black Eyed Peas Salad Dessert	28 Sloppy Joes Salad Dessert	29 Vegetarian Mushroom Ravioli w/Broccoli in a Browned Butter & Sage Cream Sauce Salad Dessert	30 Teriyaki Chicken Bowl (Rice) Salad Dessert	

Menu items subject to change due to availability. Location: 280 Spader Way, Broomfield, CO 80020. Please ask about food allergens in the meals.